

Deeksharambh Induction Programme for Batch 2024



**RAMAIAH
UNIVERSITY**
OF APPLIED SCIENCES



		Session 1	Session 2	Session 3	Lunch	Session 4	Session 5		
Date & Day	7:30 AM to 8:30 AM	10:00 AM to 10:45 AM	11:00 AM to 11:45 AM	12:00 PM to 12:45 PM	12:45 PM - 02:00 PM	02:00 PM to 02:45 PM	03:00 PM to 03:45 PM	3:45 PM to 5:00 PM	
Monday; 15th July, 2024		Inauguration					Anti Ragging Dr. Lavanya R. (FDS) ERP Mr. Goutham Nagaraja Coordinator: Vinutha-7529011418	Submission of documents/ Uploading of Anti Ragging Documents	Submission of documents
Tuesday; 16th July 2024		Yoga: A Healthy Lifestyle Mr. B.N. Nagendra Coordinator: Dayananda D.B.- 97408 69811	Green Dreams Priya Venkatesh, Founder, The Naturalist School Coordinator: Priya Arjun -9902557031	The Art of Staying Focused : How to Overcome Distractions Motivational Talk by Sheela Isaac, Founder Trustee, Kerygma Coordinator: Priya Arjun -9902557031		Universal Human Values (UHV) DTSLD Coordinator: Farhat Begum- 9986001297		Submission of documents	
Wednesday; 17th July 2024	Discovering Nature at Hebbal Lake The Naturalist School Coordinator: Priya Arjun - 9902557031	Sports Activities Sports Department Coordinator: G.M.Kumar- 98445 83455	Orientation to individual competencies DTSLD Coordinator: Farhat Begum- 9986001297	Universal Human Values (UHV) DTSLD Coordinator: Farhat Begum- 9986001297		Internal Complaints Committee Dr Lalitha Coordinator: Vinutha- 7529011418	Submission of documents/ Uploading of Anti Ragging Documents	Submission of documents	

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Thursday 18th July 2024	Discovering Nature at Hebbal Lake The Naturalist School Coordinator: Priya Arjun -9902557031	'Yoga: A Healthy Lifestyle Mr. B.N. Nagendra Coordinator: Dayananda D.B.- 97408 69811	Universal Human Values (UHV) DTSLD Coordinator: Farhat Begum- 9986001297			Dance and Create Your Story Pravaah, The Dance Club Coordinator: Sandhya – 8310022824		Submission of documents
Friday 19th July 2024		Visit to GG Campus Faculties/ Schools/Labs and Facilities/ Student Achievements/ Research Projects Coordinators: H.S. Srikishen- 98452 99349/ Dayananda D.B.- 97408 69811/ G.M.Kumar- 98445 83455/ Kiran- 9738480897/ Sandhya – 8310022824/ Vinutha-75290 11418				Universal Human Values (UHV) DTSLD Coordinator: Farhat Begum- 9986001297		Submission of documents
Monday 22nd July 2024	Discovering Nature at Hebbal Lake The Naturalist School Coordinator: Priya Arjun - 9902557031	Zumba -Fitness Programme College of Physiotherapy Coordinator: G.M.Kumar- 98445 83455	Universal Human Values (UHV) DTSLD Coordinator: Farhat Begum- 9986001297			Student Support System at RUAS DSA Coordinator: H.S. Srikishen- 98452 99349	Submission of documents/ Uploading of Anti Ragging Documents	Submission of documents

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Tuesday 23rd July 2024	Discovering Nature at Hebbal Lake The Naturalist School Coordinator: Priya Arjun -9902557031	Healthy Eating Habits Food Adobe Coordinator: Priya Arjun -9902557031	Constitutional Obligations - Human Duties Dr. Aruna School of Law & Anubhooti Coordinator: Priya Arjun -9902557031	Happiness Project THAP Coordinator: Vinutha-7529011418		Universal Human Values (UHV) DTSLD Coordinator: Farhat Begum- 9986001297		Submission of documents
Wednesday 24th July 2024		<p align="center">Visit to RT Campust Faculties/ Labs / Workshops/ Techno Centre/ Ramaiah SAT Ground Control Station/ Facilities/ Student achievements/ Research Projects</p> <p align="center">Coordinators: R. Arun-97422 89232/ G.M. Kumar- 98445 83455/Kiran N.- 9738480897/ Prashanth- 81239 97682/ Jesuraj-9449071431</p>						Submission of documents
Thursday 25th July 2024	Discovering Nature at Hebbal Lake The Naturalist School Coordinator: Priya Arjun - 9902557031	<p align="center">Expressions Exhibition of Creativity Themes: Green Dreams, Gender Sensitization, Anti Ragging, Health for All</p> <p align="center">Coordinators: H.S. Srikishen-98452 99349/ Dayananda D.B.- 97408 69811/ G.M.Kumar- 98445 83455/ Kiran N.- 9738480897/ Priya Arjun -9902557031/ Sandhya – 8310022824/ Vinutha-75290 11418</p>						Submission of documents

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Friday 26th July 2024		<p style="text-align: center;">Bengaluru Yatra Coordinators: H.S. Srikishen-98452 99349/ Dayananda D.B.- 97408 69811/ G.M. Kumar- 98445 83455/ Kiran N.- 9738480897/ Sandhya – 8310022824/ Vinutha-75290 11418</p>						Submission of documents
Monday 29th July 2024	<p>Discovering Nature at Hebbal Lake The Naturalist School Coordinator: Priya Arjun -9902557031</p>	<p>'Yoga: A Healthy Lifestyle Mr. B.N. Nagendra Coordinator: Dayananda D.B.- 97408 69811</p>	<p>Universal Human Values (UHV) DTSLD Coordinator: Farhat Begum- 9986001297</p>				<p>Submission of documents/ Uploading of Anti Ragging Documents</p>	Submission of documents
Tuesday 30th July 2024	<p>Discovering Nature at Hebbal Lake The Naturalist School Coordinator: Priya Arjun -9902557031</p>	<p>Tai chi Dr Lokesh, FLAHS Vinutha- 75290 11418</p>	<p>Universal Human Values (UHV) DTSLD Coordinator: Farhat Begum- 9986001297</p>			<p>Social Responsibility: The Right Choice NSS and Rotaract Coordinator: Dayananda D.B.- 97408 69811</p>	<p>Submission of documents/ Uploading of Anti Ragging Documents</p>	Submission of documents
Wednesday 31st July 2024	<p>Discovering Nature at Hebbal Lake The Naturalist School Coordinator: Priya Arjun -9902557031</p>	<p>Health and Wellbeing Heartfullness Institute Coordinator: Dayananda D.B.- 97408 69811</p>	<p>The Start Up Society Dr. Sonali Gupta, Director, Centre for Entrepreneurship Coordinator: Priya Arjun - 9902557031</p>	<p>Introduction to TEDxRUAS Mr. Rajeev Prasad Coordinator: H.S. Srikishen- 98452 99349</p>		<p>Prelude to Fresh Literary Voices Literary Club Coordinator: Sunita Chakraborty- 82773 96943</p>	<p>Mentored Interactive Activities Senior Student Coordinator: Sandhya – 8310022824</p>	Submission of documents