



- Ramaiah College of Physiotherapy
- Ramaiah Institute of Nursing Education & Research
- Faculty of Dental Sciences
- Faculty of Art and Design
- Faculty of Engineering and Technology
- Faculty of Hospitality Management and Catering Technology
- Faculty of Life and Allied Health Sciences
- Faculty of Management and Commerce
- Faculty of Mathematical and Physical Sciences
- Faculty of Pharmacy
- School of Social Sciences
- School of Law

Count Her In: Accelerating Gender Equality Through Economic Empowerment

Date: 14th March 2024

Time: 1:45pm -4:30pm

Venue :

Ramaiah Medical College Auditorium

Please join us for the celebration!!!

Women's Health Awareness Programme 2024

**Invest in women:
Accelerate Progress**

Chief Guest:
Dr. Fathima J Benazir,
Chief Scientific Officer and
Co-founder of Azooka Labs

Date: 14th March 2024
Time: 1:45pm -4:30pm



International Women's Day

AGENDA:

- 1:45pm to 1:50pm:** Ramaiah Anthem followed by Welcome
- 1:50pm to 1:55pm:** Inauguration by lighting the lamp by the Chief Guest
- 1:55pm to 2:00pm:** Welcome address by **Dr. Shalini C Nooyi** Principal and Dean
- 2:00pm to 2:30pm:** Motivational talk by **Dr. Fathima J Benazir**
- 2:30pm to 2:40pm:** The Unexplored Nexus of oral and systemic health
Dr. Ashwini S, Professor, Incharge STHREE clinic, Department of Periodontology, FDS
- 2:40pm to 2:50pm:** Breast Health **Dr. Bharati V Hiremath,** Professor, Department of General Surgery
- 2:50pm to 3:00pm:** Listen to your heart
Dr. Anupama V Hegde, Associate Professor, Department of Cardiology
- 3:00pm to 3:10 pm:** Skin - The mirror of our health
Dr. Sumathy TK, Professor and Head, Department of Dermatology
- 3:10pm to 3:20pm:** Fitness for Every Woman: Embracing Strength and Confidence on International Women's Day
Ms Soni S, Associate Professor
Ms Kirti Joshi, Assistant Professor
M S Ramaiah College of Physiotherapy
- 3:20pm to 3:45pm:** Duologue : The Menopause Manifesto
Dr. Pramila Kalra, Professor and Head, Department of Endocrinology
Dr. Gayatri Devi, Associate Professor, Department of Obstetrics and Gynecology
- 3:45pm to 4:00pm:** Question and answer session
- 4:00pm to 4:20pm:** Cultural Program
- 4:20pm to 4:25pm:** Prize distribution for the Photo story and poetry contest
- 4:25pm to 4:30pm:** Vote of Thanks, followed by high tea



Join us in celebrating women's achievement, raising awareness about discrimination and taking action to drive gender parity.

**through
Photo story contest
Topic: Gender equality**

**Poetry contest
(English and Kannada only)
Topic: Inspire inclusion, belonging, relevance and women empowerment**

Participation: All are welcome !!!!

**Teaching and Non teaching
faculty of the constituent
colleges of RUAS.**



International Women's Day

**Those interested can participate by
registering through the link attached
below latest by 06-03-2024.**

https://docs.google.com/forms/d/15X9CFTikiFk3pvT_wAfMVCNVruqlg2FecqfmGP-NvYg/edit

The photographs(hard copies) and poetries (if being submitted as hard copies) are to be submitted by 06-03-2024 to:

1. **Dr Anupama K,**
Associate Professor,
Department of Anatomy
2. **Dr Navikala K,**
Associate Professor,
Department of Biochemistry

Poetries if being sent as a soft copy can be mailed by including International Women's day contest as the subject latest by 06-03-2024 to the email ID:
internationaldays.rmc@msruas.ac.in

The photographs and e-posters will be displayed at Ramaiah Medical College Auditorium on 14-03-2024 between 1:30pm to 4:30 pm

The announcement of the winners will be made on 14-03-2024 at Ramaiah Medical College Auditorium at 4:20 pm

We request everyone to participate!!!!!!!