

# Our World Our Health

This world in which happily we woke,  
This world whose lungs we've broke,  
This world where tigers roar and frogs croak,  
This world whose destruction has evoke.  
This world that provided us with wealth,  
This world that's losing its health,  
This world that is the wind in our breath,  
This world that is choked by chemicals of death.  
Heal this world that has had lots to teach,  
Heal this world by practicing what you preach,  
Heal this world that gave us the apple, the orange, the peach,  
Heal this world whose natural resources we leech.  
-Karthik Rajeev



APRIL 7 2022

Students of Masters in Public Health (21-23)  
Authored by: Your Name



**RAMAIAH**  
**UNIVERSITY**  
OF APPLIED SCIENCES

---

# World Health Day

*“Live with health not for it”*

The WHO celebrates World Health Day on 7<sup>th</sup> of April every year. This year relaying the motto held up by the WHO (Our World Our Health), the students of Masters in Public Health, FLAHS, MSRUAS celebrated it inviting other faculties and students. There was a 10-minute yoga session in the first half of the event to rejuvenate the minds of the audience and to give a hands on feeling of freshness that yoga provides.

The message (Our World Our Health) was given out in the form of poems, speeches, discussions with the audience, a short video and a skit on the impact humans are having on the environment and how it affects us back.

***“Heal the World to Heal Yourself”***

There was a live interaction with random people within the campus shedding light on the harm we cause to the environment, knowingly and unknowingly.

The audience were quite interactive and found interest in the new/fewer known ideas of health.

The purpose of the day was met with a short, diverse and impactful function.

We as organizers hope that this trickle will cause mighty waves of change!

